

Diagnostic Criteria for what Pope Francis' calls "Existential Schizophrenia"

by Fr. T.D. John, SDB

“**Existential schizophrenia:** the sickness of those who live a double life, fruit of the hypocrisy typical of the mediocre and the progressive spiritual emptiness that cannot be filled by degrees or academic honours. This ailment particularly afflicts those who, abandoning pastoral service, limit themselves to bureaucratic matters, thus losing contact with reality and with real people. They create a parallel world of their own, where they set aside everything they teach with severity to others and live a hidden, often dissolute life.” (The 15 ailments of the Vatican Curia according to Pope Francis, 22 Dec. 2014)

To be diagnosed with *Existential schizophrenia*, a person must meet the criteria in the definition given by Pope Francis, similar to what is given in the Diagnostic and Statistical Manual of Mental Disorders (DSM) published by the American Psychiatric Association, and used by mental health providers to diagnose mental conditions.

Diagnosis of schizophrenia involves ruling out other mental health disorders, including Spiritual Alzheimers and determining that symptoms aren't due to substance abuse, medication or a medical condition. In addition, a person must have at least three of the following symptoms most of the time during a one-month period, with some level of disturbance being present over six months:

1. Preaching about being servant and other Gospel Principles, but practicing hierarchy and domination
 2. Holding on to conservative views and condemning other views without giving a hearing
 3. Living a double life constantly
 4. Neglecting pastoral service and practicing pastoral bullying (Shepherds who feed on the sheep).
 5. Claiming privileges of priesthood / religious life without practicing the vows of poverty, chastity or obedience conscientiously.
 6. Severity with people along with a hidden life of indulgence.
 7. Practicing authority in a domination style without practicing obedience by seeking God's will together.
 8. Befriending the rich and riches, and being antagonistic to the poor and poverty.
 9. Being patriarchal in relationships and exploitative of women, including sexually.
 10. Being individualistic in style and destructive of others' initiatives and of the community itself.
 11. Preaching the Gospel without compassion and living the world's values with passion.
 12. Dependency on privileges and preventing others from being self-directed
 13. Compulsive response to defend privileges and silence when the innocent suffer.
 14. Seeking positions of power and refusal to leave them.
 15. Forming classes of the privileged (superiors, formators) in the community of believers
 16. Leading at prayer, but not praying with the people.
- At least one of the symptoms must be related to a double life.
 - The person shows a significant decrease in the ability to serve humbly, relate lovingly, forgive generously, or perform normal tasks most of the time.

DSM Criteria for Schizophrenia

- *Delusions*
- *Hallucinations*
- *Disorganized speech (indicating disorganized thinking)*
- *Extremely disorganized behaviour*
- *Catatonic behaviour, which can range from a coma-like daze to bizarre, hyperactive behaviour*
- *Negative symptoms, which relate to reduced ability or lack of ability to function normally*

The 15 ailments of the Vatican Curia, according to Pope Francis

From “Washington Post” by [Abby Ohlheiser](#) December 22, 2014



A handout image provided by Vatican newspaper L'Osservatore Romano of Pope Francis speaking during the audience of the Curia, the administrative apparatus of the Holy See, for Christmas greetings in the Sala Clementina of the Apostolic Palace at the Vatican. (EPA/OSSERVATORE ROMANO)

On Monday, Pope Francis addressed the Vatican's governing leadership — better known as the Roman Curia — for his yearly Christmas greeting with [a very noticeably un-festive tone](#). In his remarks, the Pope listed 15 spiritual “ailments” encountered in the Curia, and urged the bureaucratic leadership to renew its effort to heal itself as Christmas approaches.

“The Curia is always required to better itself and to grow in communion, sanctity and wisdom to fully accomplish its mission,” Pope Francis said. “However, like anybody, it is exposed to sickness, malfunction and infirmity. ... I would like to mention some of these illnesses that we encounter most frequently in our life in the Curia. They are illnesses and temptations that weaken our service to the Lord.”

The somewhat harsh tone of the remarks captured a lot of international attention, as did some of the Pope's more memorable names for the Curia diseases he singles out — including “spiritual Alzheimer's” and “Funereal Face.” Below is a condensed version of the Pope's Monday remarks, containing the 15 ailments he identified. All English translations are from the Vatican's news office.

1) “**The sickness of considering oneself ‘immortal’, ‘immune’ or ‘indispensable’**, neglecting the necessary and habitual controls. A Curia that is not self-critical, that does not stay up-to-date, that does not seek to better itself, is an ailing body. ... It is the sickness of the rich fool who thinks he will live for all eternity, and of those who transform themselves into masters and believe themselves superior to others, rather than at their service”.

2) “**“Martha-ism’, or excessive industriousness**; the sickness of those who immerse themselves in work, inevitably neglecting ‘the better part’ of sitting at Jesus’ feet. Therefore, Jesus required his disciples to rest a little, as neglecting the necessary rest leads to stress and agitation. Rest, once one who has brought his or her mission to a close, is a necessary duty and must be taken seriously: in spending a little time with relatives and respecting the holidays as a time for spiritual and physical replenishment, it is necessary to learn the teaching of Ecclesiastes, that ‘there is a time for everything’.”

3) “**The sickness of mental and spiritual hardening**: that of those who, along the way, lose their inner serenity, vivacity and boldness and conceal themselves behind paper, becoming working

machines rather than men of God. ... It is dangerous to lose the human sensibility necessary to be able to weep with those who weep and to rejoice with those who rejoice! It is the sickness of those who lose those sentiments that were present in Jesus Christ”.

4) “**The ailment of excessive planning and functionalism:** this is when the apostle plans everything in detail and believes that, by perfect planning things effectively progress, thus becoming a sort of accountant. ... One falls prey to this sickness because it is easier and more convenient to settle into static and unchanging positions. Indeed, the Church shows herself to be faithful to the Holy Spirit to the extent that she does not seek to regulate or domesticate it. The Spirit is freshness, imagination and innovation”

5) “**Sickness of poor coordination** develops when the communion between members is lost, and the body loses its harmonious functionality and its temperance, becoming an orchestra of cacophony because the members do not collaborate and do not work with a spirit of communion or as a team.”

6) “**Spiritual Alzheimer’s disease,** or rather forgetfulness of the history of Salvation, of the personal history with the Lord, of the ‘first love’: this is a progressive decline of spiritual faculties, that over a period of time causes serious handicaps, making one incapable of carrying out certain activities autonomously, living in a state of absolute dependence on one’s own often imaginary views. We see this in those who have lost their recollection of their encounter with the Lord ... in those who build walls around themselves and who increasingly transform into slaves to the idols they have sculpted with their own hands”.

7) “**The ailment of rivalry and vainglory:** when appearances, the colour of one’s robes, insignia and honours become the most important aim in life. ... It is the disorder that leads us to become false men and women, living a false ‘mysticism’ and a false ‘quietism’.”

8) “**Existential schizophrenia:** the sickness of those who live a double life, fruit of the hypocrisy typical of the mediocre and the progressive spiritual emptiness that cannot be filled by degrees or academic honours. This ailment particularly afflicts those who, abandoning pastoral service, limit themselves to bureaucratic matters, thus losing contact with reality and with real people. They create a parallel world of their own, where they set aside everything they teach with severity to others and live a hidden, often dissolute life.”

9) “**Chatter, grumbling and gossip:** this is a serious illness that begins simply, often just in the form of having a chat, and takes people over, turning them into sowers of discord, like Satan, and in many cases cold-blooded murderers of the reputations of their colleagues and brethren. It is the sickness of the cowardly who, not having the courage to speak directly to the people involved, instead speak behind their backs”.

10) “**The sickness of deifying leaders** is typical of those who court their superiors, with the hope of receiving their benevolence. They are victims of careerism and opportunism, honouring people rather than God. They are people who experience service thinking only of what they might obtain and not of what they should give. They are mean, unhappy and inspired only by their fatal selfishness.”

11) “**The disease of indifference towards others** arises when each person thinks only of himself, and loses the sincerity and warmth of personal relationships. When the most expert does not put his knowledge to the service of less expert colleagues; when out of jealousy ... one experiences joy in seeing another person instead of lifting him up or encouraging him.”

12) “**The illness of the funereal face:** or rather, that of the gruff and the grim, those who believe that in order to be serious it is necessary to paint their faces with melancholy and severity, and to treat others – especially those they consider inferior – with rigidity, hardness and arrogance. In reality, theatrical severity and sterile pessimism are often symptoms of fear and insecurity.”

13) “**The disease of accumulation:** when the apostle seeks to fill an existential emptiness of the heart by accumulating material goods, not out of necessity but simply to feel secure. ... Accumulation only burdens and inexorably slows down our progress.”

14) “**The ailment of closed circles:** when belonging to a group becomes stronger than belonging to the Body and, in some situations, to Christ Himself. This sickness too may start from good intentions but, as time passes, enslaves members and becomes a ‘cancer’ that threatens the harmony of the Body and causes a great deal of harm – scandals – especially to our littlest brothers.”

15) **The “disease of worldly profit and exhibitionism:** when the apostle transforms his service into power, and his power into goods to obtain worldly profits or more power. This is the disease of those who seek insatiably to multiply their power and are therefore capable of slandering, defaming and discrediting others, even in newspapers and magazines, naturally in order to brag and to show they are more capable than others.”

Pope Francis continued, after listing the ailments, to urge the Curia to use Christmas time to work on healing the body of the church’s governance:

“We are therefore required, at this Christmas time and in all the time of our service and our existence – to live ‘speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love’.”

“I once read that priests are like aeroplanes: they only make the news when they crash, but there are many that fly. Many criticise them and few pray for them. It is a very nice phrase, but also very true, as it expresses the importance and the delicacy of our priestly service, and how much harm just one priest who falls may cause to the whole body of the Church.”



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Source: <http://www.washingtonpost.com/news/world/wp/2014/12/22/the-15-ailments-of-the-vatican-curia-according-to-pope-francis/>

Schizophrenia

Diagnostic criteria for schizophrenia

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Source: <http://www.mayoclinic.org/diseases-conditions/schizophrenia/basics/tests-diagnosis/con-20021077>